

## Quicker and more effective treatment using a specific Bicom cupping therapy, for example in cases of herniated disk, cancer, etc.

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Dear colleagues and bioresonance friends,

Yet again, we are here together at the 55th International Bicom Bioresonance Congress. I would like to extend my sincere gratitude to Mr and Ms Brügemann for giving me the opportunity of giving another speech. I would also like to thank Doctor Zeynep Karabey for her support and the information she has shared about all the developments and innovations in bioresonance.

In this year's speech I will be talking about how we achieved quicker and more effective treatment results by using Cupping Therapy together with Bicom bioresonance.

### What is cupping treatment?

The cupping therapy is a purifying technique that forms a localised congestion on the skin surface by creating negative pressure using glass or special plastic cups in order to promote blood, lymph and nerve circulation.

Cupping Therapy involves the elimination of blockages in certain areas with high concentration of waste material and removal of dirty blood in order to overcome an illness or maintain wellbeing. The method is colloquially known in Turkish as "Hacamat".

### The Historical Background of Cupping Treatment

Cupping treatment has been used extensively around the world as a form of folk treatment for more than five thousand years. The technique was first documented on Egyptian papyri. Written around 1550 BC, and discovered in the 19th century, the Ebers Papyrus, one of the oldest medical texts, contains depictions of cupping in which blood is drawn to free the body from dirty blood and foreign materials. This ancient treatment method spread from the Ancient Egyptians first to Greek physicians and then to the Romans. It was popular in Arabian and Ottoman Medicine. In China, the method dates back to the 3rd century BC.





Cupping Therapy. The Turkish Ministry of Health is working to improve the safety and quality of the procedure.

### **Benefits of Cupping Therapy**

Before listing the benefits of cupping therapy, it is important to first look at the skin and its relation to the internal organs, the lymphatic and immune systems.

### **Skin**

Any topical stimulus destined to influence and manipulate internal or external organs

must start at the skin level. The skin is our largest organ, containing fluid, blood, blood vessels, connective tissue, muscles and a sophisticated nerve supply. Our body's first direct contact with the outside world is through the skin. It is also true to say that our skin is the mirror of our health: in good health the skin is shiny, firm and has a smooth texture. It responds to changes in temperature and is generally warm when touched. When the body is unhealthy, a dull, lifeless skin with little natural colour is observed. Apart from protecting the body from external pathogens, the skin has a major role in a number of bodily functions. It is the main organ of sensation, through millions of nerve endings contained in its structure. A rich network of blood vessels and glands provides an effective means of temperature control. There are two main layers of the skin: the outer epidermis and the inner dermis. The fatty subcutaneous region lies beneath these two. The epidermis is the cellular layer of the skin, varying in thickness from 0.1 mm in the eyelid to over 1 mm on the palms and soles. It has no nerves, connective tissue or blood vessels. In stimulating a particular point on the skin, a practitioner can influence and change a particular organ's blood flow.

Hippocrates (400 BC) wrote extensively about Cupping Therapy. In the mid-18th century European and American physicians resorted to Cupping Therapy in the treatment of several health problems. Throughout the 18th and 19th centuries many British people would apply to hospital in spring and autumn for Cupping Therapy and drawing blood. However developments in chemistry and physics changed Modern Medicine in the first half of the century, which led to the treatment being replaced by synthetic drugs and surgery. So Cupping Therapy lost popularity in this period.

Today, there are considerable amounts of people who have Cupping Therapy and recently healthcare professionals seem to have rediscovered this deep-rooted and practical treatment approach. Although this awakening is not quite adequate, a rise in demand and reported scientific study results show that Cupping Therapy could help more people. Cupping Therapy is taught at Chinese and American medical schools as a part of complementary medicine.

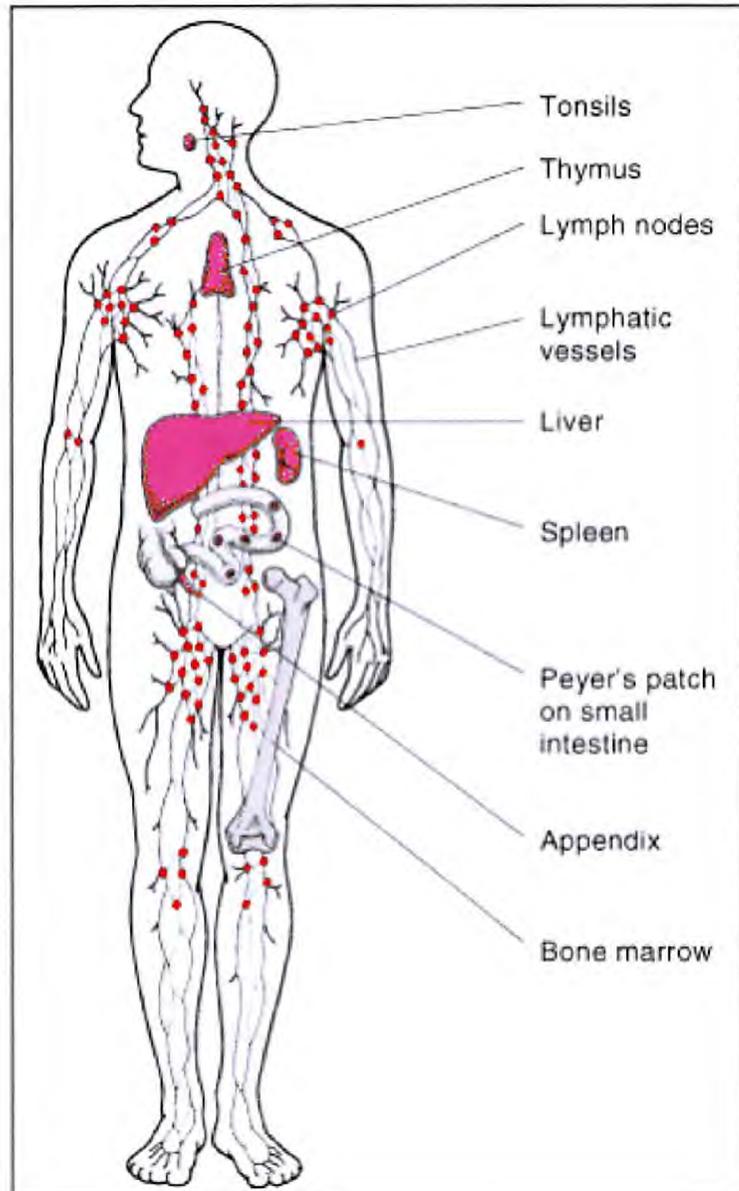
In Germany and England, Cupping Therapy is an optional course offered at Medical Schools and Healthcare Sciences Faculties. Reputable Turkish universities are also carrying out scientific studies on

## Lymphatic system

The lymphatic system is made up of lymphatic vessels and lymph nodes that extend throughout the body. It helps maintain the balance of fluid in the body by draining excess fluid from the tissues of the body and returning it to the blood system. Closely related to the cardiovascular system, the lymphatic system has several major functions, e.g. filtering out bacteria, producing lymphocytes, generating antibodies, etc. In addition to lymph (fluid circulating in the system), the system includes lymphatic capillaries and large vessels, lymph nodes, spleen, tonsils and thymus. Apart from producing antibodies, the lymphatic system is also responsible for the collection of fatty globules from the intestine. The lymph system also preserves the fluid balance throughout the body. All forms of massage or therapies involving the stimulation of the skin surface will result in the improvement of blood and lymph circulation.

One advantage that blood circulation has over lymph circulation is that blood is pumped around the body by means of the heart. In contrast, the circulation of lymph relies on breathing, movement (walking or exercise) or external pressure.

As the lymph circulates between the cells, it collects waste matter including dead blood cells and toxic materials. While blood is responsible for collecting and distributing oxygen, nutrients and hormones nourishing the entire body, the lymphatic system is responsible for collecting and removing waste products in the tissues. When this waste is not collected adequately or effectively, it congregates as



a localised congestion. During cupping therapy, both blood and lymph circulatory systems are simultaneously stimulated to work more efficiently. This results in a more efficient collection and transportation mechanism for toxic substances, depositing it into the lymphatic system to be destroyed and allowing the circulation of fresh lymph in order to nourish the tissues and generate a booster for the immune system.

To put it shortly, the negative pressure created with Cupping Therapy (drawing) gives a deep sense of relaxation while triggering the parasympathetic nervous

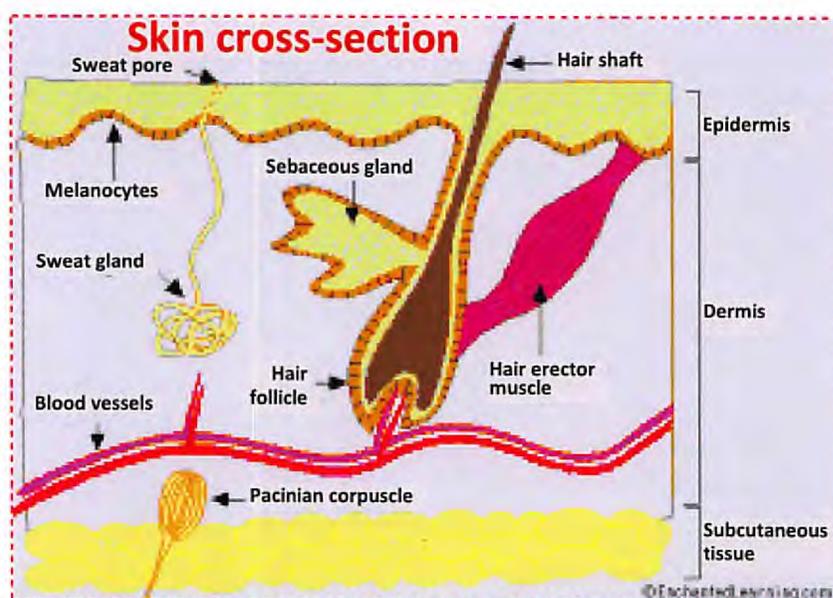
system throughout the entire body. Because cupping treatment activates cell and promotes the removal of accumulated toxins, it acts as a periodic process of caring for the body. The procedure strengthens the immune system. Accordingly, many of our medical problems are closely associated with our diet. In the modern days we are living in, it is unclear what people eat and drink. What we know there is excess consumption of processed foods on top of air pollution, cigarette smoke, electromagnetic radiation (mobile phones, TV, computers etc.), agricultural chemical toxins and pesticides, metabolic problems due to chronic disease, medication and so on ... All these harm our health by causing degeneration of kidneys, liver, bone marrow and other organs. Quite naturally, the body is severely contaminated leading to disease. Medication does not cleanse the contamination in the body. The significance of cupping treatment is that it cleanses the contaminated body by drawing blood. Blood drawn by the cup flushes the connective tissue that carries the burden of the body and activates the mechanisms that produce new blood. The body is thus, like a newborn baby. An ancient Chinese saying on medicine goes: "Stagnation brings pain. Remove the stagnation and release pain." Most medical problems are caused by stagnation, congestion and associated energy loss or blockages. Cupping therapy activates vital powers, promotes the flow of blood and other bodily fluids, stops stagnation and congestion while also breaking up pathogen heat, toxins and inflammation. A considerable amount of pathogenic heat and toxins can be found freely on the surface of the skin and

Cupping Treatment with Bicom Bioresonance System can quickly rid these elements from the body.

### **Effects of cupping therapy**

#### **a) Skin**

- rise in skin temperature
- promotion of metabolism in skin tissue
- better functioning sweat and sebaceous glands
- accelerates the secretion of salts and sebaceous matter and excretion of water
- strengthens the renewal power of the skin



#### **b) Muscles**

- stimulates the expansion of blood vessels in the muscle hence increase blood flow
- facilitates the flow of lymph

#### **c) Joints**

- increase blood flow to the joint
- increase the secretion of synovial fluids

#### **d) digestive organs**

- stimulates the target organ
- increase in peristaltic movements
- increase secretion of digestive fluids

#### e) blood

- increase in blood circulation
- rise in low blood pressure
- influences the composition of blood: red blood cells, white blood cells, pH

#### f) nervous system

- stimulates sensory nerves of the skin
- affects ANS

### **Clinical Research on Cupping**

#### **Treatment**

Studies show that the method has physical (immunologic, haematologic and rheumatologic) and psychological benefits. The successful results achieved in treating male and female infertility, impotence and averseness with cupping therapy indicate a 50% improvement in productivity/fertility. The success rates of cupping treatment in some particular studies are given below:

- 97.1% reduction in pain
- 84% improvement in gonorrhoea
- 94.6% improvement in calcifications
- 97.6% improvement in muscle fibrosis
- 97% improvement in Spondylosis
- 96% improvement in schizophrenia (as a sedative)

A randomised controlled study carried out on 550 cases in China between the years 1958 and 2008 did not categorise patients' medical problems. All patients undergoing cupping therapy during that period were included in the study. The findings of the study have been presented below:

- Normalisation of blood pressure in hypertension (high blood pressure) patients.
- Normalisation of blood pressure in hypotension (low blood pressure) patients.
- Normalisation of heartbeat rhythm in EKG.
- Normalisation of poor blood circulation.
- Normalisation of red blood cell (erythrocyte) counts.

- Normalisation of erythrocyte levels in polycythaemia patients.
- Normalisation of low haemoglobin levels (anaemia) and consequently increased oxygen transfer activity and efficiency.
- 60% of patients had increased white blood cell (leukocyte) count to normal limits.
- Lung disease, rheumatism and chronic infection patients recovered quickly.
- Polymorphonuclear (PMN) count dropped to normal limits.
- Liver enzymes returned to normal limits in patients with liver damage.
- 83.75% of patients with high blood sugar achieved normal levels
- Cholesterol and triglyceride fat levels fell in 75% of patients.
- 90% of patients reached normal levels of Ca, K and Na ions.
- Blood iron levels returned to normal values in 66% of patients.
- Ureic acid levels in blood dropped in 80% of patients.
- LDH (lactate dehydrogenase) dropped in 93.75% of patients.

#### **Cupping Treatment with Bicom Bioresonance**

Waste material, toxins and diseased bodily fluids must be eliminated to improve the circulation of blood, lymph and other vital fluids. Our bodies manage to do this to an extent with urination, defecation and sweating. The correct and timely removal of waste from the body is an important part of the inner cleansing of the system. Constipation, urine retention, sweating problems or even suppressed menstruation means that waste is not discarded from the body correctly. This is the main cause of medical problems. Cupping Therapy with Bicom bioresonance is slightly different from the conventional approach. While traditional cupping therapy focuses mainly on purifying and detoxifying dirty blood, Bicom Bioresonance Cupping Therapy is



about neutralising pathological data in dirty blood by exposing it to its inverted frequency. We can thereby improve and regulate blood and lymph circulation at the systemic level and promote the proper functioning of the autonomic nervous system.

Individuals who regularly receive Cupping Therapy with Bicom bioresonance are able to eliminate toxins and metabolic waste. Cupping treatment creates new blood cells, in effect reducing cholesterol and blood ureic acid levels, relieving the heart, kidneys and liver to function properly and thereby yielding a healthy body with vitality. All the toxins in the body accumulate in the capillary vessels on the top layer of the skin. Removing these toxins with cupping treatment benefits the body tremendously. So, preventing serious problems with this treatment is possible by cleaning the pathogens in the skin and eliminating pathogen blockages in internal organs.

Applying cupping treatment and bioresonance treatment simultaneously return very quick and impressive results. In principal, we apply the effects of both methods at the same time.

1. In cupping treatment, first we activate the toxins with hyperaemia by creating a local vacuum. By doing this, we also stimulate the reflex points of internal organs in the cupping zone.

2. Secondly, we feed data from the steam inside the cup during the treatment into the Bicom device and we can then create a detox treatment specific to the patient because the data is personal.

This way, treatment is very quick and very effective.

#### **Information given to the patient before the first session**

1. Cupping treatment affects the deep regions of soft tissue and the vascular system. In effect, the toxins in these areas are activated. Toxins first enter the blood stream and then leave the body through urine.
2. Fatigue is normal in the detox period, following treatment.
3. Patients should drink 2.5 to 3 litres of water after treatment.
4. Redness or bruising (hematoma) at cupping points is quite normal. They will disappear in one week without the need for additional treatment.
5. Cupping points may itch. This is normal. It is caused by skin dryness and hematoma. Apply topical cream with active ingredient pentanol.
6. It is normal to feel a local tension when applying vacuum to the cups. Tension is felt less if the patient can completely relax.

## **Indications of Cupping Therapy**

- Arthritis
- Blood conditions
- Soft tissue rheumatism
- Headache, Migraine
- Hypertension
- Diabetes
- Common cold
- Lower back and back pain
- Painful menstruation
- Infertility
- Chronic coughing
- Bronchial asthma
- Paralysis
- Tooth ache
- Sore throat
- Adhesive Capsulitis (Frozen Shoulder)
- Acute Trigeminal Neuralgia
- Hives (Urticaria)
- Herpes Zoster
- Depression and schizophrenia
- Lower back and neck hernias
- Cancer
- Many more ailments not requiring emergency and surgical intervention, other than the contraindicated causes listed below.

## **Contraindications of Cupping Therapy**

- Fibril infection
- Anaemia
- Leukaemia
- Cachexia
- Pregnancy
- Poorly adjusted and advanced stage diabetes
- Cardiac disease (coronary deficiency, pacemaker, malign hypertonia)

## **Implementing Cupping Treatment**

### **Preliminary Preparation:**

The 5-minute conductivity results should be used to determine the Bicom basic treatment program, adjustment of treatment room temperature (patient will have a bare back so should not feel cold) and notification of the patients.

### **Implementation:**

- four large cups on the four zones in the upper back (test for 3–4 minutes)
- four large cups on the four zones in the lower back (test for 3–4 minutes)
- An assessment is made on these eight zones. Four zones are chosen based on the extent of hyperaemia on the cupping areas. Hematic cupping treatment is performed on these four zones with the help of a lancet.

## Skin Reaction after Cupping



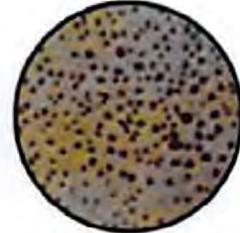
Healthy Blood  
Circulation



Moderate  
Stagnation



Severe  
Stagnation



Congestion  
and Toxins



Purpura



Blisters



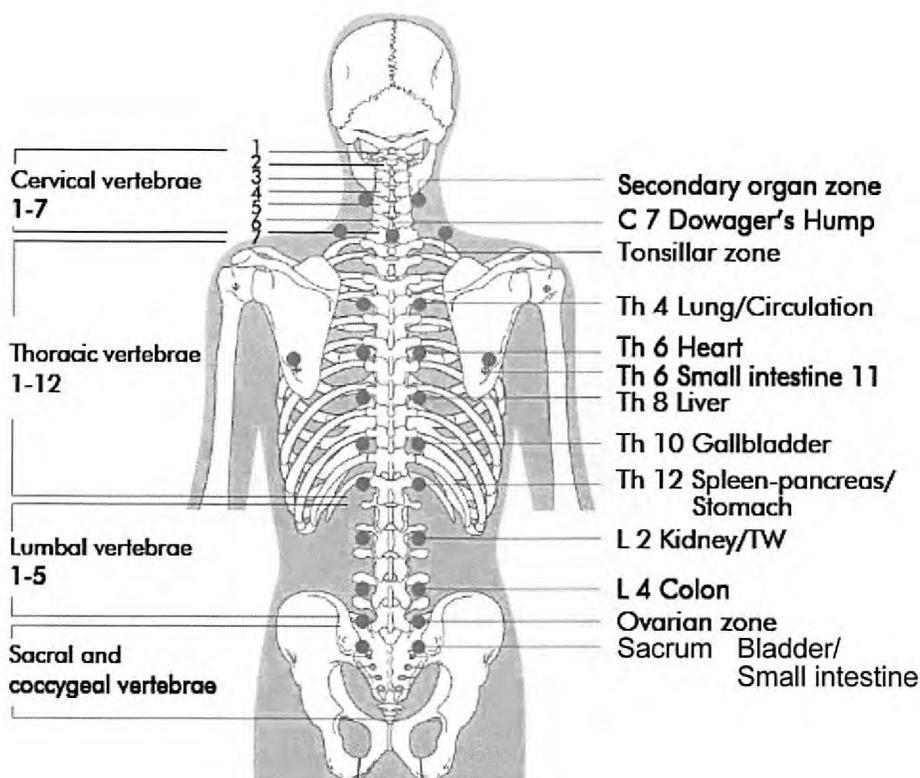
Black  
Patches



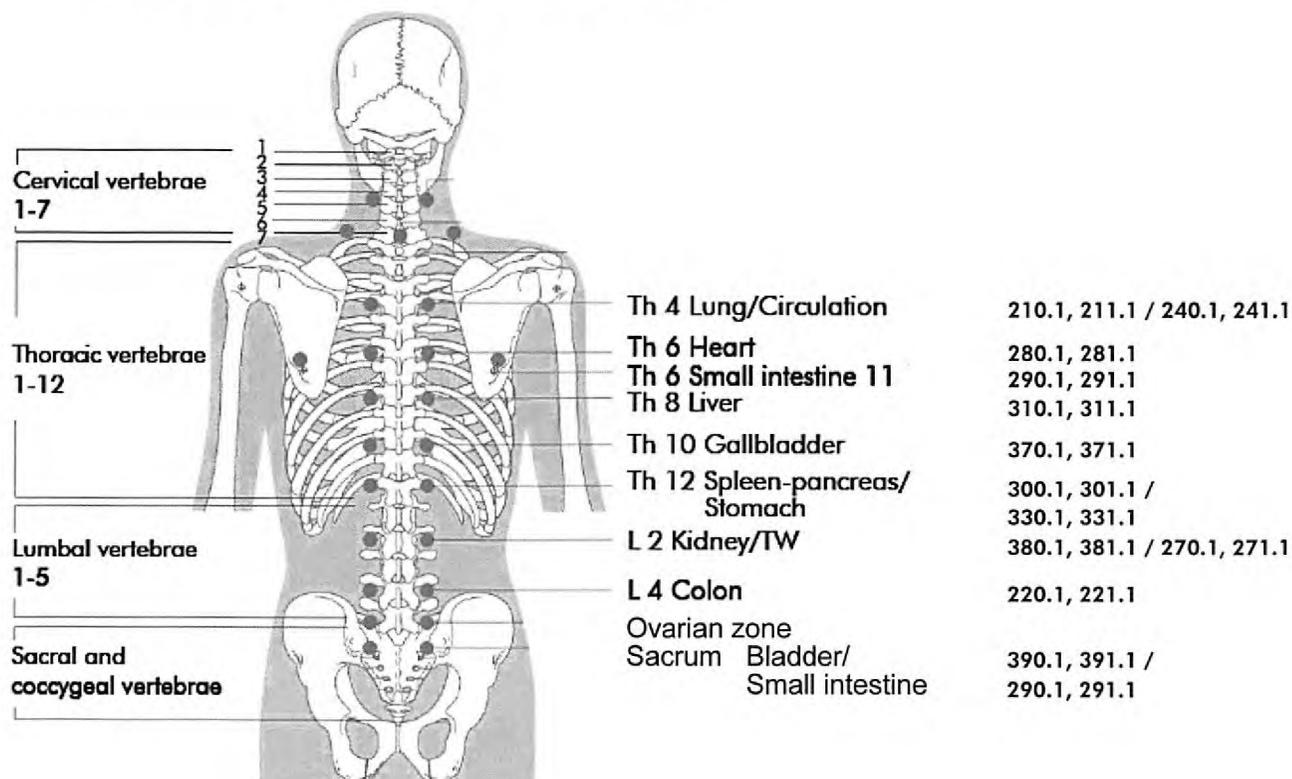
Blood and  
Qi Deficiency



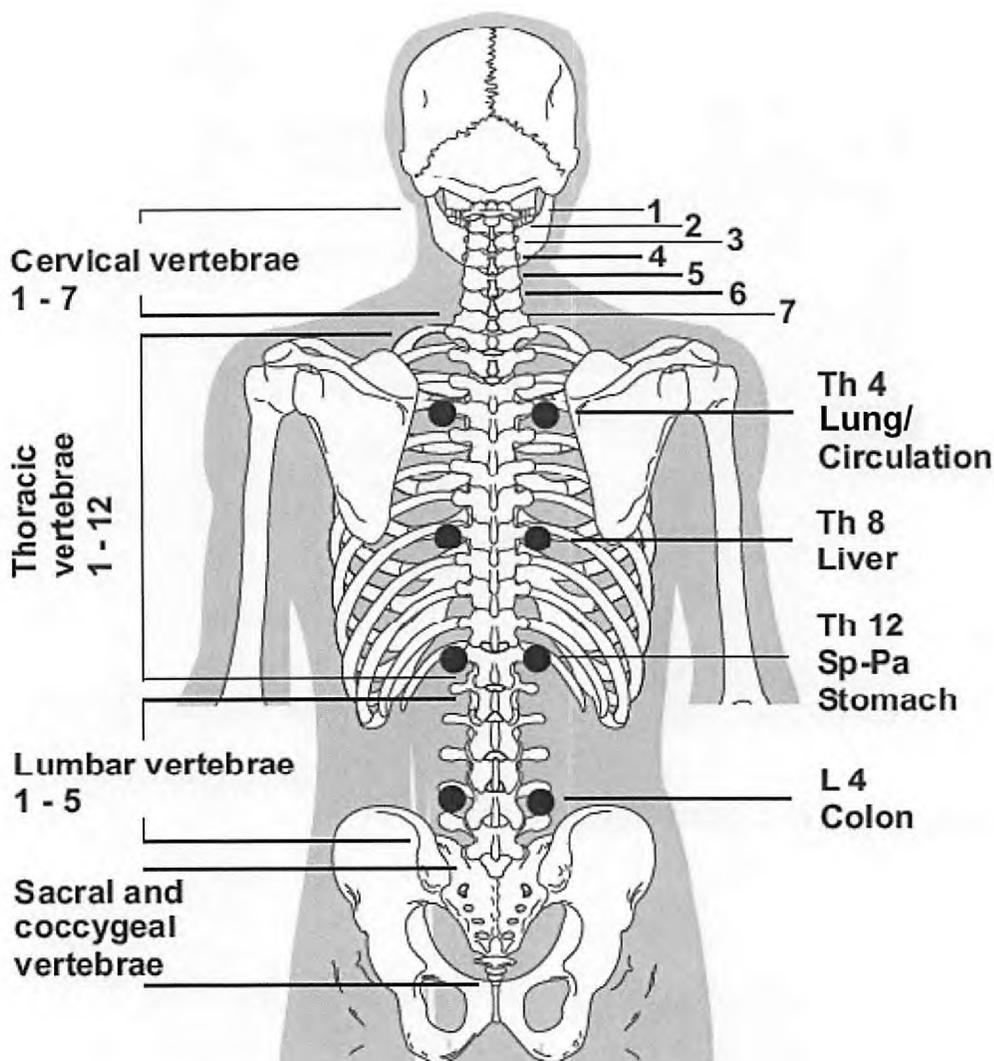
## BICOM® cupping zones



## Meridian Points and Programs



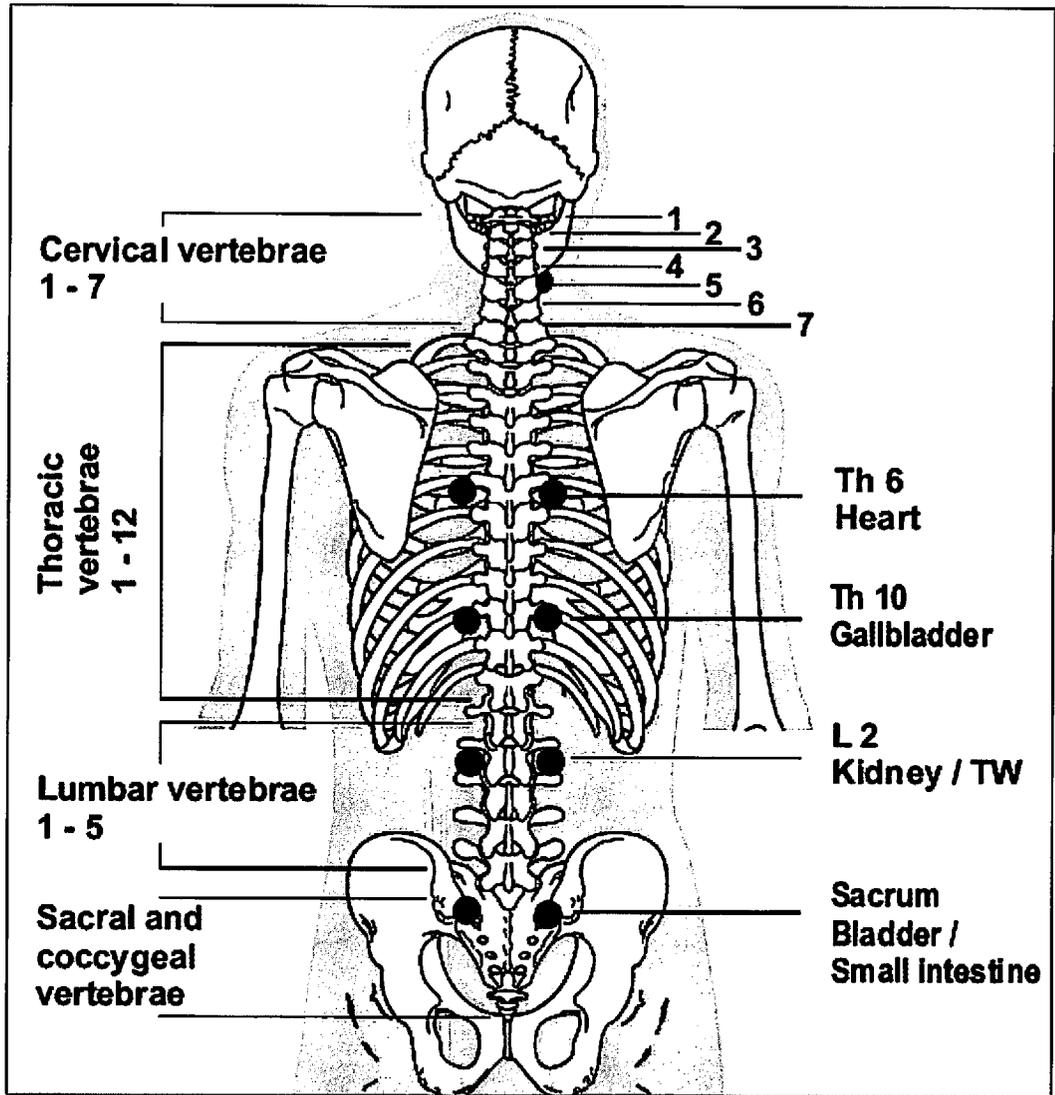
# BASIS I



## BASIS I

The cups, which should create 0.6 mbar of pressure, must be placed according to the treatment diagram. Four large cups are applied on the four zones on the upper back for three minutes. Then, four large cups are applied on the four zones on the lower back for 3 minutes in the exact same way (program 136, input cup empty, no chip, patient lying on magnetic bed, input cable adapter, output cable empty). The cupping zones are examined to evaluate hyperaemia or hematomas. The most pronounced four hematomas are chosen. Then a lancet is used to apply small stokes on these zones. Then Program 136 is repeated on these zones. The cups are carefully removed and then disinfected once the program is over. The patient's back is wiped with alcohol infused paper towels. Heparin cream can be used if necessary.

# BASIS II



## BASIS II

BASIC II program is performed according to the same diagram one week later.

## **Specific Treatment**

Specific treatments can be applied as of the 3rd treatment. Some therapists prefer to perform the two basic treatments above until excess hematoma does not develop in all cupping zones before moving on to specific treatment, if necessary. There are general diagrams for specific treatments. Please make sure to perform BASIC I and BASIC II treatments one week prior to each specific treatment. General rules:

1. Perform local pain treatment. The cup should be over the painful area.
2. Organ treatments are performed according to reflex zones.
3. Treatments in the neck area should only be done after applying the lancet strokes.

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### **But why do we perform cupping treatment at our clinic?**

Cupping treatment is performed on the reflex zones of the patient's body and this allows us to get specific information from the organs linked to those reflex zones. Therefore, we can achieve some different effects by putting a cup on the liver zone on the back, instead of floating with meridian treatment by hooking an input electrode directly on the liver and an output electrode on the feet:

1. We can acquire and process more specific information from the liver, which in return quickens floating when applying meridian treatment.
2. A quick effect can be achieved by congestion on the regional acupuncture points due to the acupressure effects.
3. Toxins are quickly removed from the body so the detoxifying effects are very rapid.

We can achieve the above with our patients by applying cupping therapy on the treatment zone. Actually we kill three birds with one stone due to shorter treatment times and getting direct information from the organ instead of saliva or blood.

Cupping Therapy with Bicom bioresonance can easily be used on all patients without the contraindications.

### **Cancer and Cupping Therapy with Bicom bioresonance**

Basically cancer is uncontrolled cell growth. Our bodies create atypical cancer cells every day. But the creation of cancer cells does not mean we have cancer. Our immune systems detect these cancer cells immediately and destroy them before causing disease. But a weak immune system cannot fight these cells and lead to cancer. As I have emphasised from the beginning, Cupping Therapy with Bicom bioresonance is an important periodic overhaul for the blood because it activates cells and leads to detoxification. Consequently the immune system is strengthened. An increase is also observed in leukocytes, erythrocytes and macrophages. We perform Cupping Therapy with Bicom bioresonance on cancer patients as a complementary treatment in the management of pain.

When we commence Cupping Therapy with Bicom bioresonance through the reflex zone corresponding to the organ with cancer we can get cancer data from the organ with cancer as if we have pathological preparations from the cancer cells and this quickens healing for our patients.

### **What can be done if the patient has metastases in addition to cancer?**

In such cases we can perform Cupping Therapy with Bicom bioresonance on the organ with primary cancer. Alternatively, if we cannot access the primary cancer directly, we can use the organ represented by the metastasis to get cancer information.

The important point is to get more specific information about the organ with cancer.

Once cups are placed on the patient's

relevant body zones, cancer program numbers can be tested to perform the most suitable one. 3 – 4 minutes are generally enough. Testing is possible.

### For the patients not operated

<b>BICOM</b>	<b>BICOM optima</b>
830 Lymph activation	3040 Tissue regeneration
951 Immune system support	3032 Blood circulation disorders
802 Oxygen increasing program	3125 Cell regeneration, chronic
911 Phantom pain	3066 Lymph activation, low frequency
940 Supporting central nervous system	3084 General regulation
926 Tumour shrinking program	

### For post-operation

999 Mucous membrane detox

905 Dissolving of drug blockages

927 Wound healing

<b>BICOM</b>	<b>BICOM optima</b>
915 Blockage program	3036 Detox regulation
844 Regulation of adrenaline secretion	3021 Improving blood values
630 Injury, pain	10026 Blockage in tissue (Program Series (PS))
340 Treatment of Connective tissue	3124 Cell regeneration, acute
402 Cell stimulation	10187 Post-operational wound healing (PS)
931 Wound healing	10192 Cell regeneration (PS)
951 Cell regeneration, infection resistance	10122 Postoperative treatment (PS)
920 Postoperative treatment	3066 Lymph activation
930 Lymph activation	10097 Lymph activation (PS)

<b>BICOM</b>	<b>BICOM optima</b>
925 Tissue regeneration	10058 Tissue process, chronic (PS)
951 Cell regeneration, infection resistance	10026 Blockage in tissue (PS)
927 Wound healing	10175 Adhesions (PS)

## Patients Undergoing Chemotherapy

BICOM	BICOM optima
999 Mucous membrane detox	
960 Vegetative Control disorder	10170 Vegetative Control disorder (PS)

## 1 – 2 days before Chemotherapy

BICOM	BICOM optima
241 Shock therapy	3021 Improve blood count (LDF), + 3053 Regulate the immune system

## For all Patients

BICOM optima	BICOM optima
828 Bismuth point	10089 Consecutive Treatment in Cancer (PS)
915 Blockage program	10178 Healing of Vital Capacity (PS)
431 Healing of Vital Capacity	
926 Consecutive Treatment in Cancer	

In short, Cupping Therapy with Bicom bioresonance can be used to reduce pain, strengthen a weak immune system, prevent new relapses of cancer, heal existing cancers, simplify treatment tolerance, and reduce the negative aspects of both chemotherapy and radiotherapy.

The following are some diseases and ailments and the points where cupping therapy may be performed to treat these

ailments. Some of these points are on the nerves and some are on the blood vessels. Others are on the power lines (acupuncture), and some are on the reflex points on the back. Some places are on the lymphatic glands, and some are for accumulation of blood. Some are for stimulating endocrine secretions and some are for strengthening the immune system. Others are for strengthening the brain.

## **The First Group**

For all pain problems program 911, 918 on the zones can be applied while testing the minutes.

**Rheumatism (painful joints):** Points 1, 55, in addition to all areas of pain

### **Roughness of knee:**

Points 1, 55, 11, 12, 13 and cupping around the knee and you may add 53, 54

### **Oedema (swollen tissue due to build up of fluid):**

points 1, 55, 130, the right and left side of the heel and you may add 9, 10

### **Sciatic pain (nerve pain from the buttock which goes down the leg):**

For the right leg, points 1, 55, 11, 12, 26, 51 and places of pain on the leg especially the beginning and the end of the muscle;

For the left leg, points 1, 55, 11, 13, 27, 52 and places of pain on the leg especially the beginning and the end of the muscle

**Back pain:** Positions 1, 55 and cupping on both sides of the spine and places of pain

**Neck/shoulder pain:** Points 1, 55, 40, 20, 21 and places of pain

### **Gout (swollen joints due to excess uric acid):**

Points 1, 55, 28, 29, 30, 31, 121 and places of pain

**Rheumatoid Arthritis:** Points 1, 55, 120, 49, 36 and all large and small joints

### **Paralysis of one half of the body (Hemiplegia):**

Points 1, 55, 11, 12, 13, 34 or 35 and all the injured joints, massage daily

### **Paralysis of all four limbs (Quadriplegia):**

Points 1, 55, 11, 12, 13, 34, 35, 36 and all body joints and daily massage

**Immune system deficiency:** Points 1, 55, 120, 49

### **Poor blood circulation:**

Points 1, 55, 11 and ten cups on both sides of the spine from the top to the bottom in addition to taking a teaspoon of pure organic, raw, apple cider vinegar and honey every other day

**Tingling arms:** Points 1, 55, 40, 20, 21, arm muscles and affected joints

**Tingling feet:** Points 1, 55, 11, 12, 13, 26, 27, feet joints and affected muscles

### **Abdominal pain:**

Points 1, 55, 7, 8 and dry cupping on 137, 138, 139, 140, as well as cupping on the back opposite to the pain

## **The Second Group**

Disease related programs in this group could be performed according to ready program protocol.

### **Important Note:**

The following points are arranged according to their importance. Sometimes, the cupping therapist does not need to use all of the points and sometimes he/she has to use them all, depending on the condition of the disease.

### **Haemorrhoids (swollen vessels around anus):**

Points 1, 55, 121, 11, 6 and dry cupping on 137, 138, 139

### **Anal Fistula**

**(opening in skin near anus, due to formation of a channel through which fluid leaks):**

Points 1, 55, 6, 11, 12, 13 and cupping around the anus and above the fistula hole

### **Prostate and Erectile dysfunction (ED)**

**(male impotence and urinary difficulty due to enlarged prostate gland):**

Points 1, 55, 6, 11, 12, 13.

You may add for ED 125, 126, 131 on both legs, and dry cupping on 140, 143.

### **Chronic coughs and lung diseases:**

Points 1, 55, 4, 5, 120, 49, 115, 116, 9, 10, 117, 118, 135, 136, and two cups below both knees

### **Hypertension (high blood pressure):**

Points 1, 55, 2, 3, 11, 12, 13, 101, 32, 6, 48, 9, 10, 7, 8, and you may replace 2, 3 with 43, 44

### **Stomach problems and ulcers:**

Points 1, 55, 7, 8, 50, 41, 42 and cupping on 137, 138, 139, 140

**Renal (kidney) disease:** Points 1, 55, 9, 10, 41, 42 and cupping on 137, 140

### **Irritable bowel syndrome**

**(abdominal cramps and discomfort characterized by bloating and trapped wind and alternating bouts of diarrhoea and constipation, often related to anxiety):**

Points 1, 55, 6, 48, 7, 8, 14, 15, 16, 17, 18, 45, 46 and cupping on 137

### **Chronic constipation (long term difficulty with opening bowels):**

Points 1, 55, 11, 12, 13, 28, 29, 30, 31

**Diarrhoea:** Points 137, 138, 139, 140

### **Involuntary urination (bed wetting):**

After the age of five: cupping on 137, 138, 139, 140, 142, 143, 125, 126

### **Depression, withdrawal, insomnia (inability to sleep),**

**psychological conditions and nervousness:** Points 1, 55, 6, 11, 32 and below the knees

**Angiospasm and Arteriosclerosis (narrowing of the blood vessels due to muscular spasm or fatty deposits):** Points 1, 55, 11

**Inflammation in the lining of the stomach (gastritis):** Points 1, 55, 12

### **Excessive sleep:**

Points 1, 55, 36 in addition to one teaspoon of pure, organic, raw, apple cider vinegar and honey every other day

**Food allergies:** One cup using a light suction directly on the umbilicus pit (belly button).

Sores, leg and thigh abscesses (pus filled spots) and itching of iliac fossae (itching in hip area)

Points 1, 55, 129, 120

## **The Third Group**

Disease related programs in this group could be performed according to ready program protocol.

### **Important Note:**

The following points are arranged according to their importance. Sometimes, the cupping therapist does not need to use all of the points and sometimes he/she has to use them all depending on the condition of the disease.

**Heart disease:** Points 1, 55, 19, 119, 7, 8, 46, 46, 47, 133, 134

**Diabetes:** Points 1, 55, 6, 7, 8, 22, 23, 24, 25, 120, 49

**Liver and gall bladder disease:**

Points 1, 55, 6, 48, 41, 42, 46, 51, 122, 123, 124 and 5 cups on the right, outer leg

**Varicose veins (enlarged, unsightly superficial veins) on the legs:**

Points 1, 55, 28, 29, 30, 31, 132 and around the veins but NOT over the veins

**Varicocele (enlarged unsightly veins on scrotum of male):**

Points 1, 55, 6, 11, 12, 13, 28, 29, 30, 31, 125, and 126

**Skin diseases:** Points 1, 55, 49, 120, 129, 6, 7, 8, 11 and cupping on the affected areas

**Overweight:**

Points 1, 55, 9, 10, 120, 49 and areas of desired weight loss), daily massage cupping over area of desired weight loss

**Underweight:** Points 1, 55, 121

**Infertility:** Points 1, 55, 6, 11, 12, 13, 120, 49, 125, 126, 143, 41, 42

**Thyroid disease:** Points 1, 55, 41, 42

### **The Fourth Group**

Disease related programs in this group could be performed according to ready program protocol.

**Headaches:**

Points 1, 55, 2, 3 and you may replace points 2, 3 with 43, 44.

If it is caused by eyestrain add 104, 105 and 36.

If it is caused by nasal sinuses add 102, 103 and 114.

If it is caused by high blood pressure add 11, 101 and 32.

If it is caused by constipation add 28, 29, 30 and 31.

If it is caused by a cold add 120, 4 and 5.

If it is caused by a stomach ache add 7, 8.

If it is caused by the kidneys add 9, 10.

If it is caused by menstruation for women add 11, 12 and 13.

If it is caused by gall bladder and liver add 6, 48.

If it is caused by the spine column perform cupping on the spine.

If it is caused by tension add 6, 11 and 32.

If it is caused by anaemia add 120, 49 and take one teaspoon of black honey (molasses) with a quarter of a teaspoon of ground fenugreek and seven ground black seeds daily.

If the headache is due to tumours in the brain, cupping should be performed on the area of pain on the head).

**Migraine (severe headache associated with nausea and visual disturbance):**

Points 1, 55, 2, 3, 106 and area of pain

**Diseases of the eyes**

**(retina, eye disorder, blurred vision, atrophy of the eye nerves, glaucoma (Blue Water), cataract (White Water) and weak eye, eye inflammation and secretion of tears and eye sensitivity):**

Points 1, 55, 36, 101, 104, 105, 9, 10, 34, 35, above the eyebrows and on the hair line above the forehead

**Tonsils, throat, gums, teeth, and the middle ear problems (dizziness, nausea and ringing in ears):**

Points 1, 55, 20, 21, 41, 42, 120, 49, 114, 43, 44

**Weakness of hearing and inflammation of hearing nerve, tinnitus (ringing sensation in ears):** Points 1, 55, 20, 21, 37, 38 and behind the ear

**Nasal sinuses:** Points 1, 55, 102, 103, 108, 109, 36, 14

**Neuritis (inflammation) of the fifth and seventh nerves:**  
Points 1, 55, 110, 111, 112, 113, 114 and on the affected area

**To stimulate the system of perception (encourage awareness):** Points 1, 55, 2, 3, 32

**Clinical Memory Loss**

**(Important: If point 39 is cupped unnecessarily it may cause damage to the memory. Also its unnecessary repetition may increase memory loss):**

Point 39 occipital prominence

**Mute (unable to speak):** Points 1, 55, 36, 33, 107, 114

**To help stop smoking:** Points 1, 55, 106, 11, 32

**For the treatment of mental retardation:**

Points 1, 55, (101 only once) 36, 32, 2, 3, 120, 49, 11, 12, 13

**Atrophy (loss) of brain cells (oxygen deficiency):**

Points 1, 55, 101, 36, 32, 34, 35, 11 and perform cupping on the joints, muscles and neck, 43 and 44 on the front and back. Eat honey and royal jelly. Perform massage cupping daily.

### **The Fifth Group**

Disease related programs in this group could be performed according to ready program protocol.

**Important warning:**

Pregnant women should avoid cupping during pregnancy except if they are over-due and wish to go into labour. In this case, they should have dry and massage cupping between the knee and ankle on both legs. Cupping a pregnant woman may cause miscarriage.

**Haemorrhage (vaginal bleeding):**

Points 1, 55, (3 dry cups under each breast daily until bleeding ceases)

**Amenorrhea (absence of periods):** Points 1, 55, 129, (131 from the outside), 135, 136

**Brownish Secretion:**

Three dry cups under each breast daily until secretion ceases.

Points 1, 55, 120, 49, 11, 12, 13 and 143.

If secretion has no smell, no colour or itching, perform cupping on

Points 1, 55, 9, 10, 41, 42, 11, 12, 13, 143.

**Menstruation (period) problems:**

Points 1, 55 cupping on 125, 126, 137, 138, 139, 140, 141, 142, 143

**To stimulate the ovaries:** Points 1, 55, 11

**Pain after a uterus (womb) operation, menstrual (period) pain, the problems of ligation of the fallopian tube (tube being tied/blocked), milk existence in the breast without being pregnant and menopausal symptoms (depression, nervousness, psychological conditions, acute uterus):**

Points 1, 55, 6, 48, 11, 12, 13, 120, 49

### Example Treatments

If your patient is suffering from back pain, place cups over points 1 and 55 and perform program 911, 918 on the Bicom bioresonance device while testing the therapy duration.

If your patient has an immune system deficiency, place cups over points 1, 55, 120 and 49 and perform program 428, 953, 950, 951, 570 on the Bicom bioresonance device while testing the minutes to find the suitable program.

More examples could be given. You may choose to use the treatment booklet and existing treatment programs of your Bicom bioresonance device or carry out the procedure by combining program numbers after creating a system. But the critical matter is giving the right treatment from the right point.

### Case: Ahmet A., 56 year old male patient, colon cancer, no metastasis

#### Blood test result:

Wheat, Candida, Fasciolopsis buski, Leech

#### Pathology:

Intestinal adenocarcinoma

#### Treatment:

Patient's cancer programs were performed over Th6, Th8, L4 during routine treatment following Basis I and Basis II.

Program: 998 (Ai)

Input cup: pathological preparation

Input electrode: L4 cup (2x)

Output: Magnetic mattress

Duration: 5 minutes

Consequently the patient experienced shorter treatment times and is being followed-up in remission. The patient comes once a month for cupping therapy detox.

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### Literature

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**Appendix**

**Some important treatment points**

